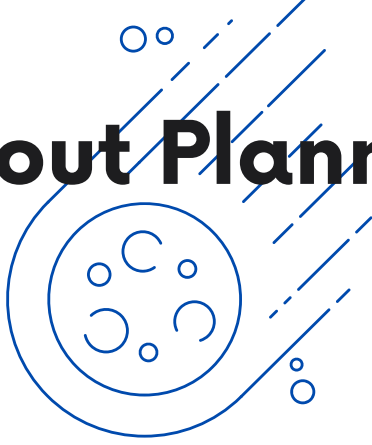
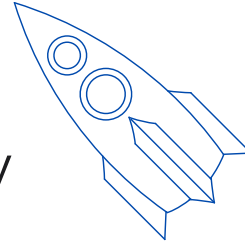


Workout Planner

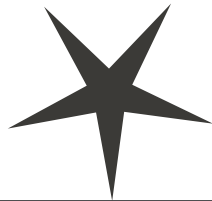
Monday



Tuesday



Wednesday

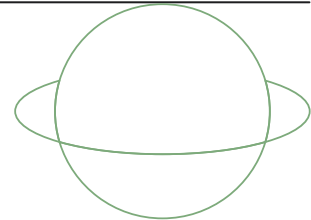


Thursday

Friday



Saturday



Sunday

Notes:

